

Transcript

(Black screen with caption "Join the Coast and Countryside Volunteer Rangers")

(Mark Frain standing on Crimdon beach)

Mark Frain

Hi. My name's Mark Frain, I'm a Coast and Countryside Ranger with the District of Easington. I have a great, wonderful job in fact, and one of the great privileges of it is working with the Wednesday group of volunteers. And all the volunteers come out on a Wednesday and they're a really great mix of people, from young teenagers to retired people from all walks of life. And one of the great things that we love doing with the volunteer group is today we're actually at the beach at Crimdon doing our litter pick.

(A young person picks litter on Crimdon beach)

Mark Frain

This is just in preparation for the returning from West Africa of, er, migratory Little Terns

(Archive footage of Little Terns flying on Crimdon beach)

Mark Frain

which nest here and have one of the best, most successful colonies we have in the UK

(Mark Frain standing on Crimdon beach)

Mark Frain

and Ireland. And, the volunteer group basically put in 10,000 hours of work a year. The type of work that they do goes from

(Footage of a woman picking litter on a field against a backdrop of houses, Easington Colliery pond)

Mark Frain

basic nasty litter picks and getting rid of fly tipping, to doing a load of, erm,

(Footage showing two women standing on a road in Dene Mouth cutting branches off trees)

Mark Frain

habitat management in woodlands and grasslands, keeping footpaths open,

(Footage showing a man standing in Easington Colliery pond in waders, raking)

Mark Frain

doing wetland work as well, and basically working towards

(Footage of a woman standing in Easington Colliery pond in waders, digging under the water with a spade)

Mark Frain

protecting and enhancing both the coastline and the countryside in the East of Durham.

(Mark Frain standing on Crimdon beach)

Mark Frain

The volunteer group that we have is a real mix of people from young to old, and we do lots of different work with them, including litter picking, enhancing the environment of the coast and the countryside, of East Durham. And that can include anything from doing gorse clearing to magnesium limestone ... habitat management to woodland management, er,

(Footage of two men digging a pond in Gore Burn and a woman in the background looking at the camera)

Mark Frain

looking after wetland areas, improving water vole habitats as well,

(Mark Frain standing on Crimdon beach)

Mark Frain

erm, and if people are keen or interested, wanting to come out, meet a really great group of people who are sociable, friendly, and, more than willing to share the skills and the knowledge that they have, then please do contact us. Erm, as I say my name is Mark Frain, I'm with the Coast and Countryside Rangers, my colleague is Louise Harrington,

(Louise Harrington standing on Seaham beach holding a black bin bag in her hands, facing the camera, with the sea and two people in the background)

Mark Frain

and you'll find the contact details on the website.

(Mark Frain standing on Crimdon beach)

Mark Frain

Please do contact us, arrange to come out, and, you can come and spend Wednesdays with us, you can do one day a year, or you can come out every single day of the year, we don't mind, more than welcome, please go on, enjoy it, have fun with us.